CLINICAL EXCELLENCE. MEASURABLE OUTCOMES.

At STR Behavioral Health, clinical excellence isn't a standard we aspire to — it's the foundation on which every program is built. Our credentialed, multidisciplinary teams deliver individualized treatment that integrates evidence-based modalities with holistic care, meeting each client's clinical complexity with precision and compassion. The outcomes reflected in this report are the direct result of that commitment, and of the clients who trusted us with their care.

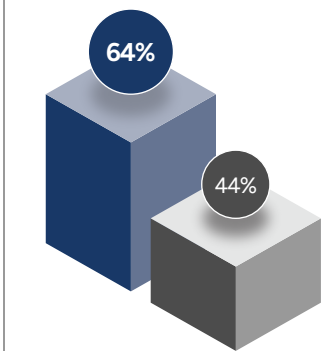
STR BEHAVIORAL HEALTH

2025 CLINICAL OUTCOMES

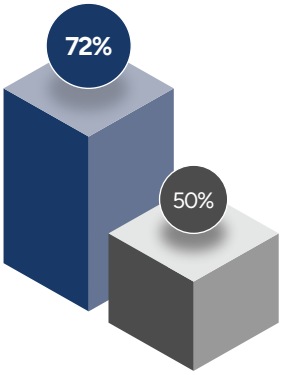
2025 | STR BEHAVIORAL HEALTH RESIDENTIAL (BASIS-24)

STR SILVER PINES + CEDAR CREEK NATIONAL AVERAGE

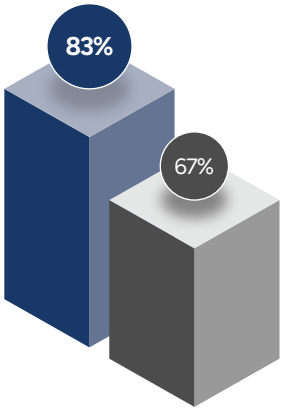
2025 SUBSTANCE USE REDUCTION



2025 DEPRESSION REDUCTION



2025 SELF-HARM REDUCTION



2025 OVERALL SYMPTOM REDUCTION

In 2025, STR's residential programs reduced the severity of their clients' overall symptoms by

↓ 68%

VS 45% NATIONAL AVERAGE

(BASIS-24)

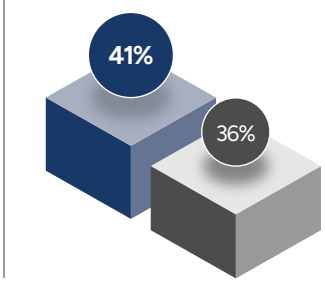
MEASURING POST-TRAUMATIC GROWTH IN VETERANS + FIRST RESPONDERS

In 2025, STR Behavioral Health enhanced the Overwatch program with the Post-Traumatic Growth Inventory (PTGI) — an outcomes measure developed specifically for veterans and first responders. Among 31 participants with complete data, average scores increased from 77 at admission to 185 at discharge, a 140% improvement across core domains, including personal strength, new possibilities, and appreciation of life. These preliminary findings affirm the clinical value of the Overwatch program and STR Behavioral Health's commitment to outcomes-driven, population-specific care.

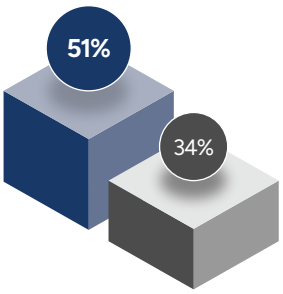
2025 | STR BEHAVIORAL HEALTH OUTPATIENT (BASIS-24)

STR OUTPATIENT NATIONAL AVERAGE

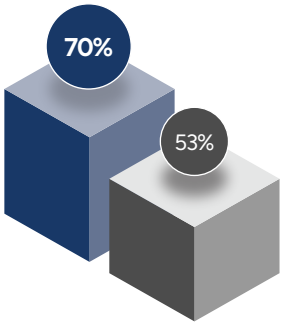
2025 SUBSTANCE USE REDUCTION



2025 DEPRESSION REDUCTION



2025 SELF-HARM REDUCTION



2025 OVERALL SYMPTOM REDUCTION

In 2025, STR outpatient services lowered the severity of their clients' overall symptoms by

↓ 43%

VS 32% NATIONAL AVERAGE

(BASIS-24)

WHAT OUR CLIENTS SAY

Voices from Our Community

> "STR Cedar Creek absolutely turned my life around. I finally have the tools and teachings to move forward in a healthy, productive way. They helped me through my darkest days, and now all I see is blue sky ahead. If a day does turn cloudy for me, I know I can fall back on the lessons or even reach out if necessary."
>
> — Grateful Alum
> STR Cedar Creek

CARE INFORMED BY RESEARCH + TRAINING

STR Behavioral Health uses a comprehensive battery of clinical outcome measurement tools to track progress, assess treatment effectiveness, and refine care in real time. Grounded in current research, these tools provide objective insight across mental health and substance use treatment, enabling the clinical team to adapt, optimize, and deliver the highest standard of care for every client.

eBASIS BPRS

2025 | STR RESIDENTIAL + OUTPATIENT

CLIENT DEMOGRAPHICS + DIAGNOSES

STR Behavioral Health specializes in treatment for mental health conditions, substance use, and co-occurring disorders, serving a diverse adult population. The data below reflects the clinical complexity and breadth of the population STR Behavioral Health served in 2025.

1,527
TOTAL DISCHARGES

58%
CLIENTS WITH 2+ DIAGNOSES

40%
CLIENTS AGES 18–29

60%
CLIENTS AGES 30+

CLIENT DISORDER BREAKDOWN	PRIMARY DIAGNOSIS	SECONDARY DIAGNOSIS
Substance use disorders	54%	46%
Depressive disorders	18%	9%
Bipolar disorders	7%	5%
Anxiety disorders	6%	18%
Schizophrenia + psychotic disorders	5%	2%
Personality disorders	4%	4%
Trauma-related disorders	3%	7%
Autism spectrum disorder	1%	0%
Other	2%	9%

Note: Percentages may not equal 100% due to rounding.