

# LIFE-CHANGING TREATMENT WITH PROVEN, LASTING IMPACT

We meet clients where they are in their journey and provide the therapeutic techniques and practical tools to support sustainable recovery. Our credentialed, expert clinical teams help clients see healing as possible by using individualized treatment plans that combine evidence-based treatment modalities with holistic methods to achieve whole-person wellness.

# STR

BEHAVIORAL HEALTH

CLINICAL OUTCOMES 2024

## STR RESIDENTIAL SERVICES (BASIS-24)

STR Cedar Creek participated in our 2024 research, but did not open until Spring of 2024. Full residential location results will be reflected in 2025 outcomes.

### 2024 Substance Use Reduction



STR Silver Pines

### 2024 Depression Reduction



STR Silver Pines

### 2024 Self-Harm Reduction



STR Silver Pines

### 3-YEAR OVERALL SYMPTOM REDUCTION

From 2021–2024, STR Silver Pines lowered the severity of their clients' overall symptoms by

↓ 48%

VS 45% NATIONAL AVERAGE

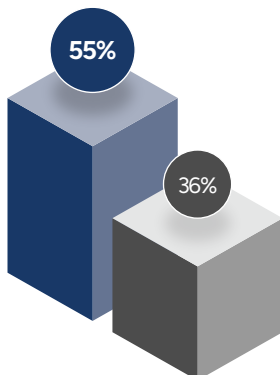
(BASIS-24)

## STR OUTPATIENT SERVICES (BASIS-24)

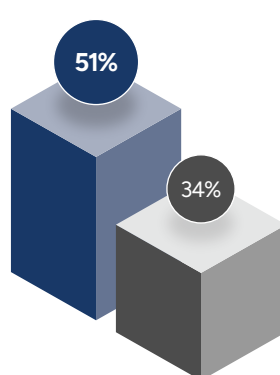
Measuring clinical outcomes longitudinally tracks progress over time, reveals trends, and identifies long-term treatment effectiveness that a one-year snapshot cannot capture. This extended view provides valuable insights into how clients respond to care, enabling adjustments to treatment plans and enhancing the overall client experience — ultimately promoting sustained recovery and improved outcomes.

STR OUTPATIENT NATIONAL AVERAGE

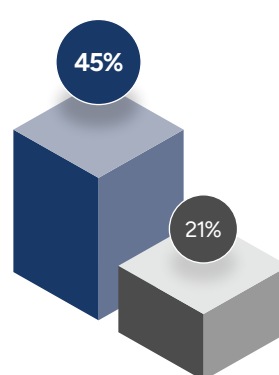
### 2024 SUBSTANCE ABUSE REDUCTION



### 2024 DEPRESSION REDUCTION



### 2024 RELATIONSHIP IMPROVEMENT



### 2024 OVERALL SYMPTOM REDUCTION

In 2024, STR outpatient services lowered the severity of their clients' overall symptoms by

↓ 48%

VS 32% NATIONAL AVERAGE

(BASIS-24)

WHAT OUR CLIENTS SAY

Voices from  
Our Community

“

I am forever grateful for Silver Pines. Their staff (Care Counselors, Therapists, nurses, EVERYONE!) is second to none. I felt genuinely cared for during my entire stay. I highly recommend SP to anyone and truly believe that their knowledge, experience and compassion helps to save lives."

Grateful Alum  
STR Silver Pines Residential

CARE INFORMED BY RESEARCH + TRAINING

We use a comprehensive battery of clinical outcome measurement tools to track progress, assess effectiveness, and refine treatment plans. Grounded in research, these tools provide valuable insights into mental health, addiction, and eating disorder recovery, allowing us to adapt and optimize the care we provide for the best possible outcomes for every client.



2024 CLIENT DEMOGRAPHICS + DIAGNOSES

STR Behavioral Health specializes in comprehensive treatment for addiction, mental health disorders, and dual diagnosis. Our comprehensive, personalized approach to treatment combines evidence-based therapies, medical support, and a whole-person approach that addresses the unique needs of each individual.

1,302  
TOTAL  
DISCHARGES

71%  
CLIENTS WITH  
2+ DIAGNOSES

37%  
CLIENTS  
AGES 18–29

63%  
CLIENTS  
AGES 30+

CLIENT DISORDER BREAKDOWN	PRIMARY DIAGNOSIS	SECONDARY DIAGNOSIS
Substance use disorders	77%	46%
Depression disorders	7%	11%
Bipolar disorders	4%	4%
Anxiety disorders	2%	21%
Personality disorders	2%	2%
Schizophrenia and psychotic disorders	2%	1%
Trauma related disorders	2%	7%
Autism spectrum disorder	0%	0%
Other	3%	8%

Note: Percentages may not equal 100% due to rounding up or down.