

In the field, “overwatch” means having your six — providing cover when it matters most. At STR Silver Pines, Overwatch means the same: standing guard for those who’ve dedicated their lives to protecting others. Designed exclusively for military veterans and first responders, this program delivers mission-driven care for trauma, addiction, and mental health challenges — because you shouldn’t have to fight this battle alone.

WHAT WE TREAT

- Anxiety disorders
- Depressive disorders
- Dual diagnosis
- Post-traumatic stress disorder
- Trauma
- Substance use disorder

LEVELS OF CARE

As part of Overwatch, we offer specialized medical detoxification and residential treatment programs exclusively for veterans and first responders. STR Silver Pines provides a structured, supportive environment to help clients heal from trauma, build resilience, and regain control of their life.

THE STR SILVER PINES DIFFERENCE

Silver Pines provides evidence-based treatment for substance use and co-occurring mental health disorders, led by board-certified psychiatrist and military veteran Dr. Matthew Sommons. Our team — including those with lived experience in military and first responder roles — offers peer-informed support and a deep understanding of the challenges faced by those who serve.

- Weekly groups address PTSD, trauma, critical incident stress, and reintegration challenges.
- Private or shared accommodations with fellow veterans or first responders for a supportive environment.
- Priority same-day admissions and transportation available within six hours of the facility.
- Utilizes post-traumatic growth inventory (PTGI) assessments to build resilience, peer connection, and a strengths-based mindset.

OUR APPROACH

- Acceptance + commitment therapy
- Cognitive behavioral therapy
- Community reinforcement approach
- Dialectical behavior therapy
- Family therapy
- Group therapy
- Medication-assisted therapy
- Motivational interviewing + enhancement therapy
- Mindfulness-based relapse prevention
- Post-traumatic growth inventory
- Nutrition therapy
- Recreational + experiential therapies
- Trauma therapy

ADMISSION PROCESS

Our dedicated admissions and clinical teams are here to support you every step of the way.

To get started, call us directly at 844.291.3939.

PAYMENT OPTIONS

STR Silver Pines accepts both in-network and out-of-network insurance, as well as private pay options.



STR Silver Pines is proud to be a PsychArmor-certified “Veteran-Ready” healthcare organization.