

# LIVING OUT LOUD:

## LGBTQIA+ COMMUNITY SUPPORT GROUP



*Living Out Loud* is a welcoming space where LGBTQIA+ adults can find connection, support, and empowerment. Whether you're navigating life transitions, seeking behavioral health resources, or simply looking for a safe, affirming environment—you're not alone.

This group offers a space to be heard, to heal, and to build community alongside others who understand. All identities and experiences are welcome. Come as you are.

### **WHEN:**

The second Wednesday of each month from 6–7 PM, starting on June 11, 2025.  
Free, no registration. Ages 18+.

### **WHERE:**

STR Behavioral Health – Lancaster  
610 Community Way | Lancaster, PA 17603

### **FACILITATED BY:**

Zymir Groft (They/Them), Certified Community Health Worker

### **CONTACT FOR MORE INFORMATION:**

Tiffany Rodick, Executive Director at [tiffany.rodick@strlancaster.com](mailto:tiffany.rodick@strlancaster.com)