

LIVING OUT LOUD:

LGBTQIA+ COMMUNITY SUPPORT GROUP



Living Out Loud is a welcoming space where LGBTQIA+ adults can find connection, support, and empowerment. Whether you're navigating life transitions, seeking behavioral health resources, or simply looking for a safe, affirming environment—you're not alone.

This group offers a space to be heard, to heal, and to build community alongside others who understand. All identities and experiences are welcome. Come as you are.

WHEN:

The second Wednesday of each month from 6–7 PM, starting on June 11, 2025.
Free, no registration. Ages 18+.

WHERE:

STR Behavioral Health – Lancaster
610 Community Way | Lancaster, PA 17603

FACILITATED BY:

Zymir Groft (They/Them), Certified Community Health Worker

CONTACT FOR MORE INFORMATION:

Tiffany Rodick, Executive Director at tiffany.rodick@strlancaster.com